

Cheap Dinner Ideas



MENU



WEEK 1

SUNDAY

Roast chicken, Yorkshire puddings, roasties. veg, homemade stuffing & gravy

MONDAY

Chicken stew with dumplings bread & butter (with leftovers)

TUESDAY

Sausage casserole, creamy mash & broccoli.

WEDNESDAY

spaghetti bolognese with Parmesan & garlic bread. (Leftover sauce for lasagne)

THURSDAY

corned beef, egg, beans & chips

FRIDAY

lasagne, jacket spuds & salad

SATURDAY

Kofta kebabs, with roast pepper, aubergine & onions, homemade flat breads, baked wedges, feta, mint & green salad.

WEEK 2

SUNDAY

Roast pork & stuffing Yorkshire puddings, roasties, veg & gravy

MONDAY

Sliced cold pork & sautéed spuds with pickle & any leftover Sunday veg fried up

TUESDAY

Chicken curry & rice with homemade Chapatis (leftovers)

WEDNESDAY

baked salmon with new potatoes & peas

THURSDAY

Tuna & Sweetcorn spaghetti with garlic bread

FRIDAY

Slow cooked pork steaks in white wine & cream sauce with mushrooms, peas & chips

SATURDAY

Chilli & rice with tortillas & sour cream & cheese

